

## FAQ's for Tryouts

Q. How do I register for tryouts?

A – Pre-register by calling the soccer office 461-9358 or emailing Dee at [Dee@thompsonsoccer.com](mailto:Dee@thompsonsoccer.com). Include player's name, date of birth and phone number.

Q – How much does it cost?

A – there is no fee for tryouts

Q. What do I wear to tryouts?

A - all should wear proper soccer attire. Shin guards, shirt, shorts, and appropriate shoes. All players need to bring water. Be prepared for sun exposure

Q. What should I expect at tryouts?

A – players should arrive early to check in at the registration table. Players will be divided into teams for small-sided games and scrimmages.

Q – how are players evaluated

A – players will be evaluated on four aspects: Technical Ability (how they are on the ball), tactical Ability (players decision on and off the ball), Physical Ability (athleticism – speed, quickness, agility, mobility, power, strength, etc.) Psychological ability (leadership, coach ability, work rate, recovery from mistakes, response to adversity.) Players will be evaluated by the team head coach, assistant coaches and evaluators.

Q – Do I need to attend all three sessions?

A – It is recommended that you attend as many sessions as possible to provide the most fair and thorough evaluation. If you are unable to attend a session, please notify the TSA office as soon as possible.

Q – How will I be notified?

A – All players will be contact by phone prior to

Q – Can I “Play Up”

A – “Play Up” decisions will be made by the coaching staff on a player by player basis. It is our goal to place players in an environment that is developmentally appropriate. Any player that is interested in tryout out for an older age group must contact our Club Commissioner, prior to the tryouts.

There are a few things you can do to have a successful tryout. First, come to tryouts ready to compete: be fit, both mentally and physically. Second, don't concern yourself with the uncontrollables (weather, other players, coaching decisions, etc.)” concentrate on the controllables: work rate, good soccer decisions, quickly recovering from mistakes, make sure you have plenty of rest, proper nutrition and are hydrated before every session. Don't enter tryouts as a complete player, not as a player who can only play one position.

If you have any further questions contact the TSA office.